



VETERANS TRAINING ***“Epiphany 2018”***

4 / 7 January 2018
Frascati
Italy

FOIL - EPEE – SABER

By Aprilia Scherma Club

VETERANS Training Programme "EPIFANIA 2018"

APRILIA SCHERMA - AMIS

Thursday, 4 January 2018	From 9:30 to 12:30 Training	From 15:30 to 18:30 Training
Friday, 5 January 2018	From 9:30 to 12:30 Training	From 15:30 to 18:30 Training
Saturday, 6 January, 2018	From 9:30 to 12:30 Training	From 15:30 to 18:30 Training
Sunday, 7 January, 2018	From 9:30 to 12:30 Training	From 15:30 to 18:30 Training

PERIOD:

From Thursday 4 January at 9:30 until Sunday 7 January 2018, end with the afternoon training at 18:30.

ORGANIZER:

The training is organized by "Aprilia Scherma" with the patronage of the Associazione Italiana Master Scherma and the collaboration of "Frascati Scherma".

Visit our website for details about our events: <https://www.facebook.com/Apriliaschermasezioneeventi/>

TRAINING LOCATION:

Frascati Scherma – Via VIII Settembre Frascati, 00040, Rome (Italy) - <https://www.frascatischerma.it/>

COMPLETE TRAINING REGISTRATION FEE:

120,00 Euro for AMIS members (2017-2018 season)

150,00 Euro for non AMIS members

DAILY TRAINING REGISTRATION FEE (one day in total)

40,00 euros for AMIS members (season 2017-2018)

50.00 euros for non AMIS members

N.B.: The signed registration form must be sent via email to Luca Salis - apriliascherma@gmail.com by **Sunday 3, December 2017** enclosing a copy of the medical certificate and the payment of the registration fee to be made on below bank account:

A.S.D. APRILIA SCHERMA

IBAN: IT90Q0538722002000002476504 (BANCA BPER)

BIC: BPMOIT22XXX

Description: ALLENAMENTO MASTER DELL'EPIFANIA 2018

This sum will be refunded only if the course is canceled, and will be retained in case of renunciation for any reason. The training course will take place reaching the minimum number of 20 participants, confirmation will be sent the week after the registration deadline.

TRAINING APPROACH

- During the camp, individual and group simulations will be organized among the participants. At the end of each match the results will be recorded updating the individual ranking.
- Particular attention will be paid to referee reconstruction in critical situations, thanks to the assistance of FIS National referees and through the use of advanced technology (video arbitrage), all to make training very similar to a real match.
- In addition to the competition, a physical training work program devoted to fencing will be organized by fencing coaches together with technical lessons under the supervision of Qualified Coaches with proven experience.
- The same coaches will act as "bottom-line" coaches to provide the necessary technical advice. At the end of each simulation, an overall match analysis will be performed to improve the participant's ability.

The training fee does not include individual lessons.

During the camp, all participants will have the opportunity to receive individual lessons, at the margins or even during the business hours. A dedicated table will be forwarded to the participants accordingly to the availability of the technicians involved in the event, indicating day and time.

The same thing can be done by physical trainers either with individual sessions or with the creation of dedicated athletic course calibrated on their physical characteristics. Priority will be given to the reservation order.

Individual training will be provided exclusively with additional payment not included in the course training fee. Feel free to ask details via our e-mail-

CAMP STAFF:

Foil - M° Claudio Ravazzi, M° Mattia Angotti;
Epée - M° Alessandro Bartoli, M° Gianluca Zanzot, M° Mattia Angotti, M° Federico Bertaccini
Saber - Istr. Naz. Emidio Rinaldi, Istr. Naz. Romina Biaggi, M° Roberto Amalfitano, Istr. Naz Gianluca Filippi;
Athletic trainer - Dott. Claudio Ravazzi, Dott. Mattia Angotti
Tournament Director - Raffaele Ponturo
National Referees - Mattia Angotti, Gianluca Filippi

REFERENCES:

Luca Salis - President Aprilia Scherma Club - cell.+39.338.4376710

apriliascherma@gmail.com

Chiara Alfano - AMIS Secretary - cell. +39.340.6795315

alfano.chiara@gmail.com

LOGISTIC:**Hotel VILLA TUSCOLANA PARK HOTEL 4* SUP.**

<http://www.villatuscolana.com>

Info & Reservations: (+39) 06 942 900

Nestled in the heart of Natural Park of Castelli Romani in Frascati, Villa Tuscolana Park Hotel offers its guests a stay in a superbly green and enchanting location - being that it's in one of the most beautiful areas around Rome, in close contact with nature, the flavors and the establishment itself being an abode from 500 AD. Villa Tuscolana Park Hotel is a prestigious hotel, convention center, and is a beautiful setting to organise meetings, incentives, conferences, weddings, business or leisure travels, that is immersed in an elegant atmosphere and surrounded by a wonderful panoramic view of the Eternal City. The hotel also offers its guests a restaurant with a kitchen and pastry shop, an outdoor pool, a wellness center, parking and shuttle service from /to Frascati city center and train station. Strategically located near Rome, Villa Tuscolana Park Hotel is the ideal solution to visit the Eternal City, avoiding the stress and the noise of the busy metropolis.

All rooms are equipped with bathroom, air conditioning, free Wi-Fi, telephone and safe deposit box. hotel accommodation includes, spa and wellness center (refer to the convention), bar, car parking, restaurant.

The cost of full board (drinks at meals) is:

- Euro 68.00 per night in double room use single - classic/deluxe
 - Euro 50.00 per night per person in a double room - classic/deluxe
 - Euro 90.00 per night in junior suite room for single use (subject to availability);
 - Euro 70.00 per night per person junior suite room (subject to availability);
 - Extra panoramic view of the "Eternal City" Euro 10,00 per room per night (until exhaustion);
 - Entrance fee in the wellness area Wellness Center LIMPHA SPA Euro 10,00 (subject to reservation / availability)
 - Cost per meal for convention for non-overnight stays Euro 28,00 per meal per person;
 - All overnight guests can benefit from a 20% discount on LIMPHA SPA spa services
- As per law , to this amount you must add the residence tax.

At the time of registration, for those who apply for hotel accommodation, a deposit of 30% of the total cost of the stay must be paid, on the current account headed to:

FEMA PROGETTI SRL Via Assisi, 177 cap 00181 Roma IBAN IT 71 V 03104 39100 000000821025 with the reason for "MASTER EPIFANIA 2018 TRAINING", this deposit will be returned in full cancellation of the reservation by December 20, after that date will be retained in full.

The remaining part of the payment can also be made directly on site.

The Hotel is about 2 km walk from the palace, it is recommended to use the car for the shifts, both the Hotel Villa Tuscolana and Frascati Scherma have ample parking possibilities.

How to arrive: Frascati can be reached by train from Rome Termini Station, by car for those coming from A1 it is advisable to exit at Monteporzio Catone.

REGISTRATION FORM

Veterans Camp "Epifania 2018"
Aprilia Scherma-AMIS
Frascati 4-7 January 2018

Athlete _____
Date of Birth. _____ at _____
City _____ Reg. _____ ZIP _____
Adress _____ n° _____
Mobile _____
Email address _____ (mandatory)
Licenced with the club _____ (mandatory)

Mark category and presence day (Morning/Afternoon):

Foil Epée Saber

- | | |
|--|--|
| <input type="checkbox"/> Thursday, January 4 morning | <input type="checkbox"/> Thursday, January 4 afternoon |
| <input type="checkbox"/> Friday, January 5 morning | <input type="checkbox"/> Friday, January 5 afternoon |
| <input type="checkbox"/> Saturday, January 6 morning | <input type="checkbox"/> Saturday, January 6 afternoon |
| <input type="checkbox"/> Sunday, January 7 morning | <input type="checkbox"/> Sunday, January 7 afternoon |

Attach a copy of the fitness certificate to competitive sports practice.

HOTEL BOOKING REQUEST

FROM _____ TO _____ IN SINGLE ROOM DOUBLE

JUNIOR SUITE SUPPL. VISTA SUPPL. BENESSERE

End of registration 3 December 2017.

Please send the form, a copy of the bank transfer and all attachments to
Luca Salis via email: apriliascherma@gmail.com

Date _____

Signature _____